

- 2023-2025 **Dean's Fellowship (\$15,000)**
Graduate School, University of Maryland, College Park
Provides supplemental graduate funding for a student that has significantly contributed to their department and college
- 2023 **Ann G. Wylie Dissertation Fellowship (\$15,000; declined)**
Graduate School, University of Maryland, College Park
Provides full-time support for one semester to outstanding University of Maryland doctoral candidates who are in the latter stages of writing their dissertations; declined for NRSA
- 2019-2024 **Flagship Fellowship (\$60,000)**
Graduate School, University of Maryland, College Park
Award designed to recruit outstanding doctoral students (top 2% of admitted students) to the University of Maryland Graduate School; Recipients receive an additional stipend of \$12,000 a year for 5 years of graduate study
- 2016-2019 **Intramural Research Training Award (IRTA) Fellowship (\$92,000)**
National Institute of Mental Health (NIMH)
Full-time, one-to-three year fellowship that allows trainees the opportunity to engage in cutting-edge biomedical research at a laboratory at the NIH
- 2015 **Cognitive Science Summer Undergraduate Research Fellowship (\$3,000; declined)**
Cognitive Science Program, Northwestern University
Project Title: The Relationship between Reward-Reactivity & Gratification Delay
- 2015 **Northwestern University Summer Undergraduate Research Grant (\$3,000)**
Office of Undergraduate Research, Northwestern University
Project Title: The Relationship between Reward-Reactivity & Gratification Delay
- 2013, 2014 **NASA Undergraduate Summer Research Grant (\$10,000)**
Department of Physics & Astronomy, Northwestern University
2013 Project Title: The Creation and Characteristics of Magnetically Smart Astronomical Mirrors
2014 Project Title: Automation of a Sputter Deposition Process for Ni-Co X-Ray Mirrors

HONORS AND AWARDS

- 2025 **Michael J. Pelczar Award for Excellence in Graduate Study (\$2,500)**
Graduate School, University of Maryland, College Park
University-wide award given annually to two outstanding University of Maryland doctoral candidates who have demonstrated excellence beyond their coursework, and who have served at least one academic year as teaching assistants with commendable performance
- 2025 **Predocctoral Scholars Travel Fellowship Award (\$2,000)**
Society of Biological Psychiatry
Competitive travel award to attend and present at the annual Society of Biological Psychiatry (SOBP) conference, a meeting of world-class leaders in psychiatric and clinical neuroscience research; recipient receives a stipend to support attendance at the 2025 conference in Toronto, ON, as well as waived registration for the 2025-2027 meetings
- 2025 **Alies Muskin Career Development Leadership Program Award (\$500)**
Anxiety & Depression Association of America

Competitive research-track travel & career development award to attend and present at the annual Anxiety & Depression Association of America (ADAA) conference, a meeting of leaders in clinical psychology research and practice; recipient receives individual mentorship, opportunities to present a poster and give a talk, waived registration to support attendance at the 2025 conference in Las Vegas, NV, a \$500 cash prize, and a complimentary two-year membership to ADAA

- 2024 **Excellence in Research Award (\$100)**
University of Maryland Clinical Psychology Doctoral Program
Award given annually to a clinical psychology doctoral student who has demonstrated excellence in research; recipient selected by clinical area faculty at the University of Maryland, College Park
- 2024 **Clinical Program Student Training Grant (\$224)**
University of Maryland Clinical Psychology Doctoral Program
Travel support from the clinical program to give a poster presentation at the Association for Behavioral and Cognitive Therapies' annual convention in Philadelphia, PA
- 2024 **International Conference Student Support Award (\$215)**
Graduate School, University of Maryland, College Park
Travel support that covers conference registration for an international conference; received to give an oral presentation at Society for Research in Psychopathology in Montreal, QC
- 2024 **Open Science Impact Award (\$1,000)**
Department of Psychology, University of Maryland, College Park
Recognizes outstanding efforts by one faculty member and one trainee annually for carrying out research in a manner consistent with open science principles; recipients will receive a monetary award, certificate, and the opportunity to present their work at a department-wide event
- 2024 **Wisconsin Symposium on Emotion Travel Award (\$300)**
HealthEmotions Research Institute, University of Wisconsin-Madison
Competitive travel award to attend and present at the annual Wisconsin Symposium on Emotion, a meeting of world-class leaders in affective neuroscience
- 2023 **Broadening Participation in Graduate Education Award (\$200)**
Department of Psychology, University of Maryland, College Park
Awarded for mentorship through NextGen Psych Scholars, a graduate-student led organization centered on supporting underrepresented students seeking careers and graduate study in psychology
- 2023 **Goldhaber Travel Award (\$400)**
Graduate School, University of Maryland, College Park
Travel support to give an oral presentation at the Society of Biological Psychiatry's annual meeting in San Diego, CA
- 2023 **Clinical Program Student Training Grant (\$250)**
University of Maryland Clinical Psychology Doctoral Program
Travel support from the clinical program to give an oral presentation at the Society of Biological Psychiatry's annual meeting in San Diego, CA
- 2023 **Advanced Training in Methodology & Statistics Award (\$195)**
Department of Psychology, University of Maryland, College Park
Support for graduate students to obtain training on new and emerging methods that are not readily available through regular coursework; received for an introductory multilevel modeling workshop
- 2022 **Excellence in Research Award**
University of Maryland Clinical Psychology Doctoral Program

Award given annually to a clinical psychology doctoral student who has demonstrated excellence in research; recipient selected by clinical area faculty at the University of Maryland, College Park

- 2022 **Goldhaber Travel Award (\$250)**
Graduate School, University of Maryland, College Park
Travel support to give an oral presentation at the Association of Psychological Science's annual meeting in Chicago, IL
- 2021 **Society for Social Neuroscience Reproducibility Award**
Society for Social Neuroscience
Award given annually to recognize researchers committed to promoting robust, transparent and reproducible science through use of open science practices
- 2020 **Honorable Mention**
National Science Foundation Graduate Research Fellowship Program (NSF-GRFP)
Awarded to the top quartile of proposal submissions
- 2019 **Advanced Training in Methodology & Statistics Award (\$425)**
Department of Psychology, University of Maryland, College Park
Support for graduate students to obtain training on new and emerging methods not readily available through regular coursework; received for introductory structural equation modeling workshop
- 2019 **Honorable Mention**
National Science Foundation Graduate Research Fellowship Program (NSF-GRFP)
Awarded to the top quartile of proposal submissions
- 2015 **Campus Life Award**
Northwestern University
Awarded quarterly to recognize significant contributions to improving quality of student life; received for spearheading "Send Silence Packing," a national suicide awareness/prevention event
- 2013-2016 **Women's Educational Aid Association Scholarship**
Women's Educational Aid Association, Northwestern University
Scholarship and ongoing mentorship awarded to 5-7 high-achieving, low-income women from each Northwestern class
- 2013-2016 **Orlof Family Endowed Scholarship**
Northwestern University
Endowed scholarship awarded to students with outstanding academic achievement and financial need
- 2013-2016 **J.G. Nolan Endowed Scholarship**
Weinberg College of Arts & Sciences, Northwestern University
Endowed scholarship awarded to Weinberg College students with outstanding academic achievement and financial need

PUBLICATIONS

Peer-Reviewed Publications

Manuscripts

14. Cornwell, B. R., Didier, P. R., **Grogans, S. E.**, Anderson, A. S., Islam, S., Kim, H. C., Tillman, R. M., Hur, J., Scott, Z. S., Fox, A. S., DeYoung, K. A., Smith, J. F.†, & Shackman, A. J.† (2025). A shared

threat anticipation circuit is dynamically engaged at different moments by certain and uncertain threat. *Journal of Neuroscience*, 45(16), e2113242025.

13. **Grogans, S. E.**, Hur, J., Barstead, M., Anderson, A.S., Islam, S. Kuhn, M., Tillman, R. M., Fox, A. S., Smith, J. F. †, DeYoung, K. A. †, & Shackman, A. J. † (2024). Neuroticism/negative emotionality is associated with increased reactivity to uncertain threat in the bed nucleus of the stria terminalis, not the amygdala. *Journal of Neuroscience*, 44(32), e1868232024.
12. Shackman, A. J., **Grogans, S. E.**, & Fox, A. S. (2024). Fear, anxiety, and the functional architecture of the human central extended amygdala. *Nature Reviews Neuroscience*, 25, 587-588.
11. Conway, C. C., **Grogans, S. E.**, Anderson, A. S., Islam, S., Craig, L. E., Wedlock, J., Hur., J., DeYoung, K. A., & Shackman, A. J. (2024). Neuroticism is selectively associated with longitudinal increases in broadband internalizing symptoms, but not anhedonia or anxious arousal, in emerging adulthood. *Clinical Psychological Science*, 12(5), 823-839.
10. **Grogans, S. E.**, Bliss-Moreau, E., Buss, K., Clark, L. A., Fox, A. S., Keltner, D., Cowen, A. S., Kim, J. J., Kragel, P. A., MacLeod, C., Mobbs, D., Naragon-Gainey, K., Fullana, M. A., & Shackman, A. J. (2023). The nature and neurobiology of fear and anxiety: State of the science and opportunities for accelerating discovery. *Neuroscience & Biobehavioral Reviews*, 105237.
9. Richie-Halford, A., Cieslak, M., Ai, L., Caffarra, S., Covitz, S., Franco, A. R., Karipidis, I. I., Kruper, J., Milham, M., Avelar-Pereira, B., Roy, E., Sydnor, V. J., Yeatman, J., **The Fibr Community Science Consortium**, Satterthwaite, T. D., & Rokem, A. (2022). An analysis-ready and quality controlled resource for pediatric brain white-matter research. *Scientific Data*, 9(1), 616.
8. Orth, R. D., Hur, J., Jacome, A. M., Savage, C. L. G., **Grogans, S. E.**, Shackman, A. J., & Blanchard, J. J. (2022). Understanding the consequences of moment-by-moment fluctuations in mood and social experience for paranoid ideation in psychotic disorders. *Schizophrenia Bulletin Open*, 3(1), sgac064.
7. **Grogans, S. E.**, Fox, A. S., & Shackman, A. J. (2022). The amygdala and depression: A sober reconsideration. *American Journal of Psychiatry*, 179(2), 454-457.
6. Hur, J.* , Kuhn, M.* , **Grogans, S. E.***, Anderson, A. S., Islam, S., Kim, H. C., Tillman, R. M., Fox, A. S., Smith, J. F. †, DeYoung, K. A. †, & Shackman, A. J. † (2022). Anxiety-related fronto-cortical activity is associated with dampened stressor reactivity in the midst of daily life. *Psychological Science*. 33(6), 906-924.
5. Eisenberg, D. P., Kohn, P. D., Hegarty, C. E., Smith, N. D., **Grogans, S. E.**, Czarapata, J. B., Gregory, M. D., Apud, J. A., & Berman, K. F. (2022). Clinical correlation but no elevation of striatal dopamine synthesis capacity in two independent cohorts of medication-free individuals with schizophrenia. *Molecular Psychiatry*, 27(2), 1241-1247.
4. Lopez, G., Eisenberg, D. P., Gregory, M. D., Ianni, A., **Grogans, S. E.**, Kim, J., Masdeu, J. C., Groden, C., Sidransky, E., & Berman, K. F. (2020). Longitudinal positron emission tomography of dopamine synthesis in subjects with *GBA1* mutations. *Annals of Neurology*, 87(4), 652-657.
3. Pornpattananangkul, N., **Grogans, S.**, Yu, R., & Nusslock, R. (2019). Single-trial EEG Dissociates Motivation and Conflict Processes During Decision-Making Under Risk. *NeuroImage*, 188, 483-501.

2. Yao, Y., Wang, X., Cao, J., Graham, M. E., Vaynman, S., **Grogans, S. E.**, Cao, Y., & Ulmer, M. P. (September 2015). Stress manipulated coating for figure reshape of light weight x-ray telescope mirrors. In *Optics for EUV, X-Ray, and Gamma-Ray Astronomy VII* (Vol. 9603, p. 96031J). International Society for Optics and Photonics.
1. Ulmer, M. P., Wang, X., Knapp, P. M., Cao, J., Cao, Y., Karian, T., **Grogans, S.**, Graham, M. E., Vaynman, S., & Yao, Y. (September 2014). Comparisons of the deflections of magnetically smart films on alloy of NiCo and glass substrates. In *Adaptive X-Ray Optics III* (Vol. 9208, p. 920808). International Society for Optics and Photonics.

Manuscripts Under Review

4. **Grogans, S. E.**, Hur, J., DeYoung, K. A., Anderson, A. S., Islam, S., Kim, H. C., Craig, L. E., Wedlock, J., Das, S., Kuhn, M., Conway, C. C., Fox, A. S., Smith, J. F., & Shackman, A. J. (*under review*). Heightened subcortical reactivity to uncertain-threat is associated with future internalizing symptoms, conditional on stress exposure. Preprint at bioRxiv: <https://www.biorxiv.org/content/10.1101/2025.06.11.659182v1>
3. Didier, P. R., **Grogans, S. E.**, Kaplan, C. M., Kim, H. C., Islam, S., Anderson, A. S. Tillman, R. T., Kuhn, M., Hur, J., Fox, A. S., DeYoung, K. A., Smith, J. F., & Shackman, A. J. (*invited revision*). Fear, anxiety, and the extended amygdala—Absence of evidence for strict functional segregation. *Social Cognitive and Affective Neuroscience*. Preprint at bioRxiv: <https://www.biorxiv.org/content/10.1101/2025.08.29.673083v1>
2. Didier, P. R., **Grogans, S. E.**, Harring, J. R., DeYoung, K. A., Anderson, A. S., Islam, S., Wedlock, J., Craig, L. E., Conway, C. C., Wright, A. G. C., & Shackman, A. J. (*under review*). Real-world emotion dynamics are associated with future internalizing symptoms. Preprint at PsyArXiv: https://osf.io/preprints/psyarxiv/ca95e_v1
1. Lewis, K. M., **Grogans, S. E.**, & Pine, D. S. (*under review*). Exploring the role of self-efficacy in the relationship between behavioral inhibition and anxiety in youth.

Manuscripts In Preparation

2. **Grogans, S. E.**, Puccetti, N. A., Pecina, M., Price, R., Jones, N., Young, K., & Fournier, J. C. (*in prep*). Stability of functional connectomics in a depressed sample.
1. Hur, J.*, **Grogans, S. E.***, Kuhn, M., Anderson, A. S., Islam, S., Kim, H. C., Tillman, R. M., Fox, A. S., Smith, J. F.†, DeYoung, K. A.†, & Shackman, A. J.† (*in prep*). Diminished vmPFC safety signaling is associated with pervasively elevated real-world negative affect.

Manuscript File Drawer

2. Anderson, A. S., **Grogans, S. E.**, Wedlock, J., DeYoung, K. A., Barstead, M. G., Islam, S., & Shackman, A. J. (*file drawer*). Black undergraduate students' experiences of microaggressions and discrimination: Risk and resilience.
1. Barstead, M. G., DeYoung, K. A., Anderson, A. S., Islam, S., Weinstein, J. S., Hur, J., **Grogans, S. E.**, Smith, J.F., Kuhn, M., Fox, A. S., & Shackman, A. J. (*file drawer*). Dispositional negativity and the

momentary challenges of daily life and the laboratory: Dissecting the pathways underlying pervasive misery.

Other Publications

3. Marsh, N. P.* & **Grogans, S. E.*** (August 2024). How to incorporate tools from Organizational Skills Training into your life as a graduate student. *PCSAS*. <https://pcsas.org/graduate-student-well-being/how-to-incorporate-tools-from-organizational-skills-training-into-your-life-as-a-graduate-student/>.
2. **Grogans, S. E.*** & Marsh, N. P.* (July 2023). Navigating the advisor-advisee relationship. *PCSAS Newsletter, 10th Edition*.
1. Baez, L., DeYoung, K. A., Anderson, A. S., Islam, S., **Grogans, S. E.**, Conway, C. C., Shackman, A. J. & Heller, A.S. (2022). Momentary emotional fingerprints of internalizing symptom facets. Preprint at *PsyArXiv*.

* co-first author | † co-senior author

PRESENTATIONS

Oral Presentations

6. **Grogans, S. E.** (November 2025). The biology of fear and anxiety: A brief overview. Oral presentation as part of *Exposure and Response Prevention Training* at the Ohio State University Wexner Medical Center, Columbus, OH.
5. **Grogans, S. E.**, Hur, J., Didier, P. R., Das, S., Anderson, A. S., Islam, S., Kim, H. C., Kuhn, M., Fox, A. S., Smith, J. F., DeYoung, K. A., & Shackman, A. J. (April 2025). Increased reactivity to uncertain-threat anticipation in the bed nucleus of the stria terminalis and periaqueductal gray is associated with longitudinal worsening of internalizing symptoms, conditional on stress exposure. Oral presentation as part of the Alies Muskin Career Development Leadership Program (CDLP) at the 2025 annual meeting of the *Anxiety & Depression Association of America*, Las Vegas, NV.
4. **Grogans, S. E.**, Hur, J., Kuhn, M., Anderson, A. S., Islam, S., Kim, H. C., Tillman, R. M., Fox, A. S., Smith, J. F., DeYoung, K. A., & Shackman, A. J. (October 2024). The neural systems and real-world mood dynamics underlying dispositional risk for internalizing illness. Oral presentation at the annual meeting of the *Society for Research in Psychopathology*, Montreal, QC.
3. **Grogans, S. E.***, Hur, J.*, Kuhn, M., Anderson, A. S., Islam, S., Kim, H. C., Tillman, R. M., Fox, A. S., Smith, J. F. †, DeYoung, K. A. †, & Shackman, A. J. † (April 2023). The relevance of threat & safety circuits to momentary real-world distress. Oral presentation at the annual meeting of the *Society of Biological Psychiatry*, San Diego, CA.
2. **Grogans, S. E.**, Hur, J., Smith, J. F., DeYoung, K. A., & Shackman, A. J. (May 2022). The neurobiology of neuroticism/negative emotionality. Flash talk at the annual meeting of the *Association for Psychological Science*, Chicago, IL.

1. **Grogans, S. E.** (December 2017). Hippocampal D₁/D₂ receptor availability and neural activity during implicit memory encoding. Oral presentation at the “Postbac Elevator Pitch” event through the *NIH Postbaccalaureate Seminar Series*, Bethesda, MD.

Poster Presentations

55. **Grogans, S. E.**, DeYoung, K. A., Hur, J., Anderson, A. S., Islam, S., Kim, H. C., Wedlock, J., Craig, L. E., Tillman, R. M., Das, S., Kuhn, M., Conway, C. C., Fox, A. S., Smith, J. F., & Shackman, A. J. (2026). Heightened subcortical reactivity to threat and exposure to negative life events jointly predict the longitudinal course of specific internalizing symptoms. Poster to be presented at the 2026 annual meeting of the *Society of Biological Psychiatry*, New York, NY.
54. Kalinova, K. N., **Grogans, S. E.**, Didier, P. R., Anderson, A. S., Islam, S., Kim, H. C., Kuhn, M., Tillman, R. M., Hur, J., Fox, A. S., Smith, J. F., DeYoung, K. A., & Shackman, A. J. (2026). Understanding the relevance of dynamic neural responses to anticipated threat for the emergence of internalizing illness. Poster to be presented at the 2026 annual meeting of the *Society of Biological Psychiatry*, New York, NY.
53. Ross, A., **Grogans, S.**, Haller, S., Pine, D. S., & Lewis, K. M. (2025). From temperament to treatment: Behavioral inhibition as a predictor of anxiety in youth. Poster presented at the annual *NIMH Scientific Training Day*, Washington, DC.
52. **Grogans, S. E.**, Hur, J., Didier, P. R., Das, S., Anderson, A. S., Islam, S., Kim, H. C., Kuhn, M., Fox, A. S., Smith, J. F., DeYoung, K. A., & Shackman, A. J. (2025). Increased reactivity to uncertain-threat anticipation in the bed nucleus of the stria terminalis and periaqueductal gray is associated with longitudinal worsening of internalizing symptoms, conditional on stress exposure. Poster presented at the 2025 annual meeting of the *Society of Biological Psychiatry*, Toronto, ON.
51. Didier, P. R., **Grogans, S. E.**, Harring, J. R., Conway, C. C., Wright, A. G. C., DeYoung, K. A., & Shackman, A. J. (2025). Real-world emotion dynamics are associated with current and future internalizing symptoms. Poster presented at the 2025 annual meeting of the *Anxiety & Depression Association of America*, Las Vegas, NV.
50. **Grogans, S. E.**, Hur, J., Didier, P. R., Das, S., Anderson, A. S., Islam, S., Kim, H. C., Kuhn, M., Fox, A. S., Smith, J. F., DeYoung, K. A., & Shackman, A. J. (2025). Increased reactivity to uncertain-threat anticipation in the bed nucleus of the stria terminalis and periaqueductal gray is associated with longitudinal worsening of internalizing symptoms, conditional on stress exposure. Poster presented at the 2025 annual meeting of the *Anxiety & Depression Association of America*, Las Vegas, NV.
49. **Grogans, S. E.**, Pine, D. S., & Lewis, K. M. (2024). The role of social self-efficacy in the relationship between behavioral inhibition and social anxiety in youth. Poster presented at the annual meeting of the *Association for Behavioral and Cognitive Therapies*, Philadelphia, PA.
48. Ewing, D., Didier, P. R., **Grogans, S. E.**, Anderson, A. S., Islam, S., Craig, L. E., Wedlock, J., Hur, J., DeYoung, K. A., & Shackman, A. J. (2024). Loneliness and internalizing symptoms of anxiety and depression over time. Poster presented at the annual meeting of the *Association for Behavioral and Cognitive Therapies*, Philadelphia, PA.
47. **Grogans, S. E.**, Hur, J., Barstead, M. G., Anderson, A. S., Islam, S., Kim, H. C., Kuhn, M., Tillman, R. M., Fox, A. S., Smith, J. F., DeYoung, K. A., & Shackman, A. J. (2024). The neural systems and real-

world mood dynamics underlying dispositional risk for internalizing illness. Poster presented at the *NIMH Diversity Supplement Professional Development and Networking Workshop*, Virtual Meeting.

46. **Grogans, S. E.**, Hur, J., Barstead, M. G., Anderson, A. S., Islam, S., Kim, H. C., Kuhn, M., Tillman, R. M., Fox, A. S., Smith, J. F., DeYoung, K. A., & Shackman, A. J. (2024). The neural systems and real-world mood dynamics underlying dispositional risk for internalizing illness. Poster presented at the annual meeting of the *Society of Biological Psychiatry*, Austin, TX.
45. Didier, P., Cornwell, B., **Grogans, S. E.**, Anderson, A. S., Islam, S., Kim, H. C., Tillman, R. M., Hur, J., Fox, A. S., DeYoung, K. A., Smith, J. F., & Shackman, A. J. (2024). A shared threat-anticipation circuit is dynamically engaged at different moments by temporally uncertain and certain threat. Poster presented at the annual meeting of the *Society of Biological Psychiatry*, Austin, TX.
44. **Grogans, S. E.**, Hur, J., Barstead, M. G., Anderson, A. S., Islam, S., Kim, H. C., Kuhn, M., Tillman, R. M., Fox, A. S., Smith, J. F., DeYoung, K. A., & Shackman, A. J. (2024). The neural systems and real-world mood dynamics underlying dispositional risk for internalizing illness. Poster presented at the annual meeting of the *Wisconsin Symposium on Emotion – HealthEmotions Research Institute*, Madison, WI.
43. **Grogans, S. E.**, Hur, J., Barstead, M. G., Anderson, A. S., Islam, S., Kim, H. C., Kuhn, M., Tillman, R. M., Fox, A. S., Smith, J. F., DeYoung, K. A., & Shackman, A. J. (2023). Neuroticism is associated with increased reactivity to uncertain threat—but not ‘threat-related’ emotional faces—in the bed nucleus of the stria terminalis. Poster presented at the annual meeting of the *Society of Biological Psychiatry*, San Diego, CA.
42. Didier, P., Cornwell, B., **Grogans, S. E.**, Anderson, A. S., Islam, S., Kim, H. C., Tillman, R. M., Hur, J., Fox, A. S., DeYoung, K. A., Smith, J. F., & Shackman, A. J. (2023). Decomposing the neural dynamics of threat anticipation. Poster presented at the annual meeting of the *Society of Biological Psychiatry*, San Diego, CA.
41. Shi, T., **Grogans, S. E.**, Smith, J. F., & Shackman, A. J. (2023). Understanding the role of extended amygdala reactivity in intolerance of uncertainty & loneliness. Poster presented at *PSYC Terp Research Fair*, College Park, MD.
40. **Grogans, S. E.**,* Conway, C. C.*, Anderson, A. S., Islam, S., Craig, L. E., Wedlock, J., Hur, J., DeYoung, K. A., & Shackman, A. J. (2023). Neuroticism is selectively associated with longitudinal increases in broadband internalizing symptoms, but not anhedonia or anxious arousal, in emerging adulthood. Poster to be presented at the annual meeting of the *Anxiety & Depression Association of America*, Washington, DC.
39. Biskach, M., **Grogans, S. E.**, Kim, H. C., DeYoung, K. A., & Shackman, A. J. (2022). Exploring the role of substance use on the relationships between behavioral inhibition, social anxiety, & loneliness. Poster presented at *Undergraduate Research Day*, College Park, MD.
38. **Grogans, S. E.** *, Hur, J. *, Kuhn, M., Anderson, A. S., Islam, S., Kim, H. C., Tillman, R. M., Fox, A. S., Smith, J. F., DeYoung, K. A., & Shackman, A. J. (2022). Diminished vmPFC safety signaling is associated with pervasively elevated real-world negative affect. Poster presented to the annual meeting of the *Society of Biological Psychiatry*, Virtual Meeting.
37. **Grogans, S. E.**, Hur, J., Barstead, M. G., Anderson, A. S., Islam, S., Kim, H. C., Kuhn, M., Tillman, R. M., Fox, A. S., Smith, J. F., DeYoung, K. A., & Shackman, A. J. (2021). Neuroticism/negative

emotionality is associated with increased reactivity to uncertain threat in the bed nucleus of the stria terminalis. Poster presented to the annual meeting of the *Society for Social Neuroscience*, Virtual Meeting.

36. **Grogans, S. E.**, Hur, J., Barstead, M. G., Anderson, A. S., Islam, S., Kim, H. C., Kuhn, M., Tillman, R. M., Fox, A. S., Smith, J. F., DeYoung, K. A., & Shackman, A. J. (2021). Neuroticism/negative emotionality is associated with increased reactivity to uncertain threat in the bed nucleus of the stria terminalis. Poster presented at the annual meeting of the *Society for Neuroscience*, Virtual Meeting.
35. Kim, H. C., Smith, J. F., Islam, S., Anderson, A. S., Kaplan, C. M., DeYoung, K. A., **Grogans, S. E.**, Fox, A. S., Bradford, D., Curtin, J., Shackman, A. J. (2021). The role of central extended amygdala in acute nicotine abstinence. Poster presented at the annual meeting of the *Society for Neuroscience*, Virtual Meeting.
34. Anderson, A. S., DeYoung, K. A., Islam, S., **Grogans, S. E.**, Wedlock, J., Barstead, M. G., & Shackman, A. J. (2021). BIPOC Undergraduate Students Experiences with Microaggressions and Discrimination: Prevalence and Associations with Mental Illness. Poster presented at the annual meeting of the *Society for Research in Psychopathology*, Virtual Meeting.
33. Anderson, A. S., **Grogans, S.**, Wedlock, J., DeYoung, K. A., & Shackman, A. J. (2021). Microaggressions experienced by Black undergraduates across the United States: risk and resilience. Poster presented at the annual meeting of the *Association for Behavioral and Cognitive Therapies*, Virtual Meeting.
32. Newsome, P.*, **Grogans, S. E.***, Barstead, M. G., Wedlock, J., DeYoung, K. A., & Shackman, A. J. (2021). Dispositional negativity and intolerance of uncertainty: the real-world consequences of temperament. Poster presented at the annual meeting of the *Association for Psychological Science*, Virtual Convention.
31. Baez, L., **Grogans, S. E.**, Anderson, A. S., Islam, S., DeYoung, K. A.*, Conway, C. C., Heller, A. S.*, & Shackman, A. J.* (2021). Using affective dynamics to predict dysphoria over 30 months: A partial least squares regression analysis. Poster presented at the annual meeting of the *Wisconsin Symposium on Emotion – HealthEmotions Research Institute*, Virtual Symposium.
30. **Grogans, S. E.**, Hur, J., Anderson, A. S., Islam, S., Kuhn, M., Tillman, R. M., Fox, A. S., Smith, J. F.*, DeYoung, K. A.*, & Shackman, A. J.* (2021). Higher neuroticism/negative emotionality is associated with elevated activation in the bed nucleus of the stria terminalis during uncertain threat anticipation. Poster presented at the annual meeting of the *Wisconsin Symposium on Emotion – HealthEmotions Research Institute*, Virtual Symposium.
29. Boumaiz, Y.*, Rogers, M.*, **Grogans, S.**, Kim, H. C., & Shackman, A. (2020). Neuroticism predicts negative reinforcement tobacco smoking motives. Poster presented at *Undergraduate Research Day*, College Park, MD.
28. Wedlock, J. C., Craig, L. E., Hur, J., **Grogans, S. E.**, DeYoung, K. A., & Shackman, A. J. (2020). The mediating effect of social support on the relationship between intolerance of uncertainty and social anxiety. Poster presented at the annual meeting of the *American Psychological Association*, Washington, DC.
27. Eisenberg, D. P., Kohn, P. K., Hegarty, C., Smith, N. R., **Grogans, S. E.**, Apud, J., & Berman, K. F. (2019). Negative symptoms and striatal dopamine synthesis capacity in schizophrenia. Poster presented at the annual meeting of the *American College of Neuropsychopharmacology*, Orlando, FL.

26. Smith, N. R., Eisenberg, D. P., Gregory, M. D., Kohn, P. K., **Grogans, S. E.**, & Berman, K. F. (2019). Neuroticism polygenic association score and dopaminergic systems correlates: Investigations with [18F]-FDOPA, [11C]NNC-112, and [18F]fallypride PET. Poster presented at the annual meeting of the *American College of Neuropsychopharmacology*, Orlando, FL.
25. Sorcher, L. K., Nash, T. A., Kippenhan, J. S., **Grogans, S. E.**, Kuhney, F. S., Hamborg, M. R., Gregory, M. D., Eisenberg, D. P., Kohn, P. K., Mervis, C. B., & Berman, K. F. (2019). Developmental trajectories of white matter integrity in children with Williams syndrome. Poster presented at the annual meeting of the *Flux Society*, New York, NY.
24. Smith, N. R., Eisenberg, D. P., Kohn, P., **Grogans, S.**, Dickinson, D., & Berman, K. F. (2019). Neuroticism personality traits are correlated with dopaminergic activity as measured by [¹⁸F]-FDOPA PET. Poster presented at the annual meeting of the *Society of Biological Psychiatry*, Chicago, IL.
23. Grassy, A. K., Nash, T. A., Kippenhan, J. S., **Grogans, S. E.**, Kuhney, F. S., Sorcher, L. K., Hamborg, M. R., Kittleson, A. R., Padilla, L. E., Elliott, S. L., Eisenberg, D. P., Gregory, M. D., Kohn, P. D., Berkson, J. G., Mervis, C. B., & Berman, K. F. (2019). The NIMH longitudinal study of children with 7q11.23 CNVs: Multimodal investigation of the neural correlates of anxiety in children with Williams syndrome. Poster presented at the *NIMH-NHLBI Heart and Soul Workshop*, Bethesda, MD.
22. Hamborg, M. R., Kuhney, F. S., Kippenhan, J. S., Gregory, M. D., Nash, T. A., Kohn, P. D., Eisenberg, D. P., Sorcher, L. K., **Grogans, S. E.**, Grassy, A., Kittleson, A., Mervis, C. B., & Berman, K. F. (2019). The NIMH longitudinal study of children with 7q11.23 CNVs: Developmental trajectories of hippocampal and amygdalar volumes in children with Williams syndrome. Poster presented at the *NIMH-NHLBI Heart and Soul Workshop*, Bethesda, MD.
21. Kippenhan, J. S., Nash, T. A., Gregory, M. D., Kohn, P. D., Eisenberg, D. P., Czarapata, J., Wei, S., Reding, K., **Grogans, S. E.**, Kuhney, F. S., Hamborg, M. R., Elliott, S., Padilla, L., Sorcher, L. K., Grassy, A. K., Kittleson, D., Berkson, J., Mervis, C. B., & Berman, K. F. (2019). The NIMH longitudinal study of children with 7q11.23 CNVs: Multimodal developmental modeling of brain structure, function, and connectivity. Poster presented at the *NIMH-NHLBI Heart and Soul Workshop*, Bethesda, MD.
20. Kittleson, A. R., Nash, T. A., Jabbi, M., Kippenhan, J. S., Gregory, M. D., **Grogans, S. E.**, Kuhney, F. S., Sorcher, L. K., Hamborg, M., Grassy, A., Elliott, S., Padilla, L., Eisenberg, D., Kohn, P. D., Czarapata, J., Berkson, J. G., Mervis, C. B., & Berman, K. F. (2019). The NIMH longitudinal study of children with 7q11.23 CNVs: Multimodal investigation of the neural correlates of social cognition in Williams syndrome and 7q11.23 duplication syndrome. Poster presented at the *NIMH-NHLBI Heart and Soul Workshop*, Bethesda, MD.
19. Nash, T. A., Kippenhan, J. S., Gregory, M. D., Kohn, P. D., **Grogans, S. E.**, Kuhney, F. S., Sorcher, L. K., Hamborg, M. R., Elliott, S., Padilla, L., Grassy, A. K., Kittleson, A., Berkson, J., Eisenberg, D. P., Mervis, C. B., & Berman, K. F. (2019). The NIMH longitudinal study of children with 7q11.23 CNVs: An overview. Poster presented at the *NIMH-NHLBI Heart and Soul Workshop*, Bethesda, MD.
18. Sorcher, L. K., Nash, T. A., Kippenhan, J. S., **Grogans, S. E.**, Kuhney, F. S., Hamborg, M. R., Elliott, S. L., Grassy, A. K., Kittleson, A. R., Padilla, L. E., Gregory, M. D., Eisenberg, D. P., Kohn, P. D., Czarapata, J. B., Berkson, J. G., Mervis, C. B., & Berman, K. F. (2019). The NIMH longitudinal study of children with 7q11.23 CNVs: Multimodal investigation of the neural correlates of visuospatial construction impairments. Poster presented at the *NIMH-NHLBI Heart and Soul Workshop*, Bethesda, MD.

17. **Grogans, S. E.**, Reding, K. M., Wei, S., Elliott, S. L., Padilla, L. E., Martinez, P. E., Robinson, E. D., Nash, T. A., Kohn, P. D., Nieman, L. K., Yanovski, J. A., Schmidt, P. J., Berman, K. F. (2018). Neurodevelopment of aversive face processing during puberty: Changes in fronto-amygdalar effective connectivity. Poster presented at the annual meeting of the *American College of Neuropsychopharmacology*, Hollywood, FL.
16. Teefe, E., Gregory, M., Kippenhan, J. S., Nash, T., **Grogans, S.**, Elliott, S., Kuhney, F., Eisenberg, D., Mervis, C. B., & Berman, K. F. (2018). Differences in brain myelination patterns associated with 7q11.23 copy number variations. Poster presented at the annual meeting of the *American College of Neuropsychopharmacology*, Hollywood, FL.
15. **Grogans, S. E.**, Reding, K. M., Gregory, M. D., Wei, S., Barone, J. C., Boroshok, A. L., Elliott, S. L., Padilla, L. E., Martinez, P. E., Robinson, E. D., Nash, T. A., Kohn, P. D., Nieman, L. K., Yanovski, J. A., Schmidt, P. J., Berman, K. F. (2018). Influences of pubertal status on neurodevelopment of affective face processing. Poster presented at the annual *NIMH Scientific Training Day*, Washington, DC.
14. Kippenhan, J. S., Gregory, M. D., Nash, T., Prabhakaran, R., Mervis, C. B., Eisenberg, D. P., Ravindranath, O., Currin, D., **Grogans, S.**, O'Brien, M., Kohn, P., & Berman, K. F. (2018). Connectivity impacted by copy-number variation in the Williams syndrome critical chromosomal region 7q11.23. Poster presented at the annual meeting of the *Organization for Human Brain Mapping*, Singapore.
13. Currin, D. L., Nash, T. A., Jabbi, M., Eisenberg, D. P., Gregory, M. D., Roe, K., Prabhakaran, R., Carrasco, J., Ravindranath, O., **Grogans, S. E.**, O'Brien, M. M., Kuhney, F. S., Kippenhan, J. S., Kohn, P. K., Martin, A., Mervis, C. B., & Berman, K. F. (2018). Neural correlates of abstract social cognition in Williams syndrome and 7q11.23 Duplication syndrome. Poster presented at the annual meeting of the *Society of Biological Psychiatry*, New York City, NY.
12. **Grogans, S. E.**, Reding, K. M., Gregory, M. D., Wei, S., Barone, J. C., Boroshok, A. L., Elliott, S. L., Padilla, L. E., Martinez, P. E., Robinson, E. D., Nash, T. A., Kohn, P. D., Nieman, L. K., Yanovski, J. A., Schmidt, P. J., Berman, K. F. (2018). Influences of pubertal status on neurodevelopment of affective face processing. Poster presented at the annual meeting of the *Society of Biological Psychiatry*, New York City, NY.
11. Kuhney, F. S., Kippenhan, J. S., Reding, K. M., Nash, T. A., Jabbi, M., Gregory, M. D., O'Brien, M. M., Currin, D. L., **Grogans, S. E.**, Kohn, P. D., Mervis, C. B., & Berman, K. F. (2018). Alterations in relative hippocampus and amygdala volume and developmental trajectories in Williams syndrome. Poster presented at the annual meeting of the *Society of Biological Psychiatry*, New York City, NY.
10. Teefe, E., Gregory, M., Kippenhan, J. S., Nash, T., Currin, D., O'Brien, M., **Grogans, S. E.**, Boroshok, A., Elliott, S., Kuhney, F., Eisenberg, D., Mervis, C. B., & Berman, K. F. (2018). 7q11.23 copy number variation impacts white matter microstructure as measured by mcDESPOT. Poster presented at the annual meeting of the *Society of Biological Psychiatry*, New York City, NY.
9. Currin, D., Nash, T., Jabbi, M., Eisenberg, D., Gregory, M., Roe, K., Prabhakaran, R., Carrasco, J., Ravindranath, O., **Grogans, S. E.**, O'Brien, M., Kippenhan, J. S., Kohn, P., Martin, A., Mervis, C. B., & Berman, K. F. (2017). Neural correlates of abstract social cognition in Williams syndrome and 7q11.23 duplication syndrome. Poster presented at the annual meeting of the *Society for Neuroscience*, Washington, DC.
8. **Grogans, S. E.**, Rasetti, R., Gregory, M., Kolachana, B., Hegarty, C. E., Ianni, A. M., Kohn, P., Callicott, J. H., Weinberger, D. R., Eisenberg, D. P., & Berman, K. F. (2017). Association of hippocampal D1/D2

receptor availability and neural activity during implicit encoding. Poster presented at the annual meeting of the *Society for Neuroscience*, Washington, DC.

7. Kippenhan, J. S., Gregory, M. D., Nash, T., Prabhakaran, R., Mervis, C. B., Eisenberg, D. P., Ravindranath, O., Currin, D., **Grogans, S. E.**, O'Brien, M., Kohn, P., & Berman, K. F. (2017). Copy-number variation in the Williams syndrome critical chromosomal region 7q11.23 impacts resting-state functional connectivity and associated structural connectivity measured with DTI tractography. Poster presented at the annual meeting of the *Society for Neuroscience*, Washington, DC.
6. **Grogans, S. E.**, Nash, T. A., Ravindranath, O., O'Brien, M. M., Currin, D., Kippenhan, J. S., Kohn, P., Eisenberg, D. P., Gregory, M. D., Mervis, C. B., & Berman, K. F. (2017). White matter microarchitecture in children with 7q11.23 duplication syndrome. Poster presented at the annual *NIH Research Festival*, Bethesda, MD.
5. O'Brien, M. M., Nash, T. A., Jabbi, M., Gregory, M. D., Ravindranath, O., Currin, D. L., **Grogans, S. E.**, Kippenhan, J. S., Kohn, P. D., Eisenberg, D. P., Mervis, C. B., & Berman, K. F. (2017). Neural substrates of gustatory emotion processing in children with Williams syndrome and 7q11.23 duplication syndrome. Poster presented at the annual meeting of the *Flux Society*, Portland, OR.
4. **Grogans, S. E.**, Nash, T. A., Ravindranath, O., O'Brien, M. M., Currin, D., Kippenhan, J. S., Kohn, P., Eisenberg, D. P., Gregory, M. D., Mervis, C. B., & Berman, K. F. (2017). White matter microarchitecture in children with 7q11.23 duplication syndrome. Poster presented at the annual *NIMH Scientific Training Day*, Leesburg, VA.
3. **Grogans, S. E.**, Nash, T. A., Ravindranath, O., O'Brien, M. M., Currin, D., Kippenhan, J. S., Kohn, P., Eisenberg, D. P., Gregory, M. D., Mervis, C. B., & Berman, K. F. (2017). White matter microarchitecture in children with 7q11.23 duplication syndrome. Poster presented at the annual meeting of the *Society of Biological Psychiatry*, San Diego, CA.
2. Ravindranath, O., Nash, T. A., Gregory, M. D., Reding, K. M., Wei, S., Roe, K., **Grogans, S. E.**, Currin, D. L., O'Brien, M. M., Zawadzki, M. E., Barone, J. C., Boroshok, A. L., Martinez, P. E., Kohn, P. D., Kippenhan, J. S., Eisenberg, D. P., Schmidt, P. J., Mervis, C. B., & Berman, K. F. (2017). Neurogenetic correlates of face processing in children with 7q11.23 copy number variation. Poster presented at the annual meeting of the *Society of Biological Psychiatry*, San Diego, CA.
1. Kelley, N. J., Quinn, M. E., Glazer, J. E., Pornpattananangkul, N., **Grogans, S. E.**, Nadig, A. G., & Nusslock, R. (2016). Executive control for positive information mediates the relationship between self-reported behavioral approach sensitivity and reward related neural activation. Poster presented at the annual meeting of the *Society for Research in Psychopathology*, Baltimore, MD.

* co-first author | † co-senior author | underlined: student for whom I served as primary mentor

RESEARCH EXPERIENCE

2019-present

Doctoral Student

Affective and Translational Research Laboratory, Department of Psychology, University of Maryland

Mentor: Alexander Shackman, PhD

- Preprocessing and analyzing functional MRI (fMRI), skin conductance response (SCR), smartphone ecological momentary assessment (EMA), clinical interview, and questionnaire data

- Designing and co-leading weekly undergraduate lab meetings and journal clubs
- (2020-2022): Managed lab budget, inventory, participant compensation, and purchase orders
- Preparing and cleaning data structures for open sharing on the NIH National Data Archive
- Developing easy-to-use data infrastructure to facilitate future data analysis
- Mentoring undergraduate students in all aspects of preparing their senior thesis or undergraduate research posters
- Training research assistants and junior graduate students in lab procedures and task-relevant skills (e.g., extracting imaging metrics from a region-of-interest; creating a binarized image mask; creating manuscript-quality figures in R, Adobe Illustrator, MRICroGL, MRICron)
- Serving as a statistical consultant for junior lab members and mentoring their project design/analyses
- Preparing findings for presentation and publication

2016-2019

Post-baccalaureate Research Fellow, *Intramural Research Training Awardee (IRTA)*

Section on Integrative Neuroimaging, National Institute of Mental Health

Mentor: Karen F. Berman, MD

- Collecting and analyzing structural and functional MRI data on children with Williams syndrome and 7q11.23 Duplication syndrome to better understand the interplay of genetics and other developmental factors
- Collecting and analyzing structural and functional MRI data on children ages 8-18 to elucidate the effects of puberty on neurodevelopment
- Collecting and analyzing MRI, fMRI, and positron emission tomography (PET) data on adults with schizophrenia and related psychotic disorders during a double-blind, medication withdrawal study
- Processing and analyzing PET data from a longitudinal cohort of adults with Gaucher's and Parkinson's disease and their affected and unaffected relatives with the goal of identifying who will go on to develop either condition
- Coordinating the scheduling of healthy controls across six different protocols

2015-2016

Laboratory Manager

Affective & Clinical Neuroscience Laboratory, Northwestern University

Mentor: Robin Nusslock, PhD

- Coordinated the scheduling of electroencephalography (EEG) participants and research assistants
- Led in training new research assistants, particularly in EEG protocol and data cleaning procedures
- Oversaw participant payment for EEG studies
- Managed the lab's inventory and the purchasing of new supplies
- Organized weekly lab meetings and coordinate undergraduate or graduate presenters for each
- Regularly updated the laboratory website
- All previous responsibilities held in the Research Assistant position

2014-2015

Research Assistant

Affective & Clinical Neuroscience Laboratory, Northwestern University

Mentor: Robin Nusslock, PhD

- Received a Northwestern Summer Undergraduate Research Grant to spearhead an individual project examining the relationship between reward-reactivity and gratification delay using EEG
- Administered physiological, behavioral sessions for an NIMH-funded longitudinal study on the neural circuitry underlying threat and reward processing, with an aim to better understand the changes in emotional well-being and brain development that occur during the transition from adolescence to adulthood
- Assisted with MRI sessions for the same longitudinal study
- Led sessions for other EEG and eye-tracking studies pertaining to reward-related circuitry, and the relationships that exist between reward-reactivity, gratification delay, and impulsivity

- Trained new research assistants on behavioral protocols for EEG and NIMH-funded studies
- Gained extensive experience processing EEG data using Neuroscan software and the EEGLab toolbox for MATLAB
- Presented to undergraduate students, graduate students, and faculty on relevant neuroscience research

2013, 2014

Summer Research Assistant

Center for Interdisciplinary Exploration & Research in Astrophysics, Northwestern University

Mentor: Melville Ulmer, PhD

- Received a NASA Summer Undergraduate Research Grant for two consecutive summers to support contributions to the lab
- Collaborated to find more efficient ways to coat astronomical mirrors using sputtering chambers
- Analyzed thin film depth and composition using profilometry and electron microscopy, respectively
- Coded custom NI LabView programs to automate a sputtering deposition system to shut off safely
- Presented progress at weekly meetings & delivered a final report

SPECIALIZED RESEARCH & STATISTICAL TRAINING

2025

Machine Learning Essentials

Instats

Virtual one-hour refresher on machine learning approaches

2024

Introduction to Machine Learning in R

The Center for Integrated Latent Variable Research, University of Maryland

Virtual two-day workshop

2023

Designing Ambulatory Assessments

Pittsburgh Summer Methodology Series

Virtual two-day workshop

2022

Longitudinal Multilevel Modeling in R

Pittsburgh Summer Methodology Series

Virtual three-day workshop

2021

fMRI: A Five-Day Intensive Introduction

Athinoula A. Martinos Center for Biomedical Imaging

Virtual week-long workshop

2020

Applied Machine Learning in R

Pittsburgh Summer Methods Series

Virtual week-long workshop

2020

Structural Equation Modeling: A First & Second Course

The Center for Integrated Latent Variable Research, University of Maryland

Virtual week-long workshop

2016, 2019

AFNI Neuroimaging Bootcamp

National Institutes of Health (NIH)

Week-long neuroimaging workshops

KEY SKILLS

Programming: R, MATLAB, Python, NI Labview, Tcsh/Bash

Data Acquisition & Analysis: AFNI, SPSS, SPM12, CONN, ITK-Snap, Neuroscan, ePrime, Excel, JASP, R

Graphics: Adobe Illustrator, Adobe Photoshop, MRICroGL, MRICron, FSLview

SELECT CLINICAL TRAINING WORKSHOPS

- 2025 **Exposure and Response Prevention**
The Ohio State University Wexner Medical Center
Instructor: Ashley Arens, PhD
Seven-hour interactive training in the application of exposure-based interventions for anxiety disorders and OCD
- 2025 **Brief Cognitive-Behavioral Therapy for Suicide Prevention**
The Ohio State University Wexner Medical Center
Ten-hour online training in the delivery of Brief Cognitive-Behavioral Therapy for Suicide Prevention (BCBT)
- 2025 **CPT Web 2.0**
Medical University of South Carolina
Thirteen-hour web-based training course in Cognitive Processing Therapy (CPT)
- 2021-2024 **Implementing Parent-Child Interaction Training for Selective Mutism**
Brighter Outlook Cognitive Behavior Therapy & Anxiety Treatment Center of Maryland
Instructors: Veronica Raggi, PhD; Kelly O'Brien, PhD; Courtney Keeton, PhD
Two-hour annual review training in the application of Parent-Child Interaction Training for Selective Mutism (PCIT-SM); included role-plays and practice identifying and implementing appropriate exposures in preparation for participation in a week-long intensive outpatient summer camp for youth with selective mutism
- 2024 **Flexible and Responsive Treatment Planning for Racism-Related Stress**
University of Maryland Clinical Psychology Doctoral Program
Lecturer: Ryan DeLapp, PhD
Learned about the Racial, Ethnic, and Cultural Healing Unifying Principles (or REACH UP) framework; learned about the potential mental health impacts of systemic, cultural, and interpersonal forms of racism on BIPOC, was introduced to assessment materials for evaluating these impacts, and received recommendations on how to incorporate evidence-based interventions rooted in CBT, DBT, and ACT to address the psychological impacts of racism-related stress
- 2023 **The Anti-Oppression Institute for Clinicians**
University of Maryland Clinical Psychology Doctoral Program
Instructor: Skyler Jackson, PhD
Three-day short course in which I analyzed how social identities impact various aspects of my clinical training and therapy work; Gained experience in addressing racism, microaggressions, discrimination, and other forms of prejudice in therapy
- 2022 **Fundamentals of Consultation and Supervision Practicum**
University of Maryland Clinical Psychology Doctoral Program
Supervision: M. Colleen Byrne, PhD

Learned processes of supervision related to ethics, diversity, professionalism, and self-care; Learned models and applications of consultation services, and practiced consulting with current clients' other providers

- 2021 **Parent-Child Interaction Training for Selective Mutism (PCIT-SM) 101**
Selective Mutism University by Kurtz Psychology
Completed a 4-hour certificate on best practices in implementing Parent-Child Interaction Training for Selective Mutism (PCIT-SM) as preparation for participation in a week-long intensive outpatient treatment camp
- 2021 **Diversity Training Practicum**
University of Maryland Clinical Psychology Doctoral Program
Supervisor: CJ Seitz-Brown, PhD
Received diversity training for clinical work, with a particular focus on therapy with ethno-racial minority patients; Explored and reflected on my own identities, cultural background, and privilege, along with their impacts on the therapeutic relationship process and my own clinical work; Practiced generating cultural conversations in therapy and applying the Multicultural Competent Clinical Framework (MECA) to clinical work with my patients; Received weekly supervision and feedback on the application of MECA.
- 2021 **Affirmative Therapy Approaches with Trans and Nonbinary Clients**
University of Maryland Clinical Psychology Doctoral Program
Lecturer: Em Matsuno, PhD
Learned about trans affirmative clinical practices in individual therapy and various clinical settings
- 2020 **Telepsychology Best Practices 101: Clinical Evaluation and Care, Segments 1-3**
American Psychological Association (APA)
Three, 2-hour courses (6 hours total) on best practices in telepsychology following the onset of the COVID-19 pandemic
- 2018 **Crisis Counselor Intervention Training**
Crisis Text Line
Intensive training course (30 hours) on effectively and empathetically implementing crisis intervention

CLINICAL EXPERIENCE

- June 2025-June 2026 **Clinical Intern, Adult Psychopathology Track**
Department of Psychiatry and Behavioral Health, The Ohio State University Wexner Medical Center
Columbus, OH
Primary Rotation: Mood, Anxiety, and Mindfulness
Supervisors: Ashley Arens, PhD; Jay Fournier, PhD; D. Gage Jordan, PhD; Sophie Lazarus, PhD
Secondary Rotation: Suicide and Trauma Reduction Initiative for Veterans (STRIVE)
Supervisors: T.J. Schlairet, PsyD
- Intervention
- Administering evidence-based treatment approaches across a range of adult psychopathology
 - Implementing Behavioral Activation (BA), Brief Cognitive-Behavioral Therapy for Suicide Prevention (BCBT), Cognitive Behavioral Therapy (CBT), Cognitive Processing Therapy (CPT), Exposure and Response Prevention (ERP); Prolonged Exposure (PE)
 - Incorporating aspects of mindfulness and Acceptance and Commitment Therapy (ACT) into treatment when appropriate

- Gaining exposure to conceptualizing and treating individuals ages 18+ with a variety of complex clinical presentations—including adults experiencing Generalized Anxiety Disorder, Major Depression, Persistent Depressive Disorder, Posttraumatic Stress Disorder, Social Anxiety Disorder, Specific Phobia, and Obsessive Compulsive Disorder, as well as adults experiencing suicidal crises—in an outpatient academic medical center setting
- Summary: Adults; BA, BCBT, CBT, CPT, Exposure, ERP, Mindfulness, PE

Assessment

- Administering Structured Clinical Interview for DSM-5 (SCID-5) and other clinical assessment measures
- Gaining exposure to diagnosing, assessing, and conceptualizing cases of anxiety and OCD, PTSD, and “hard-to-treat” depression, often made additionally complex by medical comorbidities
- Preparing comprehensive assessment reports for individuals with hard-to-treat depression
- Summary: Adults; internalizing disorders

Measures Administered:

Diagnostic Interviews: Structured Clinical Interview for DSM-5 (SCID-5)

Rating & Belief Scales: Anxiety Disorder Diagnostic Questionnaire (ADDQ) Columbia-Suicide Severity Rating Scale (C-SSRS); Generalized Anxiety Disorder 7-item (GAD-7) Scale; Montgomery-Asberg Depression Rating Scale (MADRS); Patient Health Questionnaire–9 (PHQ-9); PTSD Checklist for DSM-5 (PCL-5); Scale for Suicide Ideation (SSI); Suicide Cognitions Scale (SCS); Yale Brown Obsessive-Compulsive Scale (Y-BOCS)

Supervision/Training

- Receiving minimum of 4 hours of weekly supervision with licensed psychologists
- Participating in interdisciplinary rounds to consult on cases of hard-to-treat depression
- Attending weekly clinical rounds to discuss patient progress and receive feedback
- Attending weekly didactics covering clinical and research best-practices
- Supervising third-year Psychiatry Residents in CBT
- Conducting research under the mentorship of department faculty (Jay Fournier, PhD) on a dedicated weekly research day

Aug 2022-June 2025 **Clinical Extern, NIMH Emotion & Development Branch**

National Institutes of Mental Health

Bethesda, MD

Supervisors: Erin Berman, PhD; Miryam Kiderman, PsyD (2022-2023)

Principal Investigators: Daniel Pine, MD; Melissa Brotman, PhD

- ~16 hours per week, divided approximately evenly between two sections of the Emotion and Development Branch: Section on Development and Affective Neuroscience (SDAN; PI: Daniel Pine, MD) and Neuroscience and Novel Therapeutics Unit (NNT; Melissa Brotman, PhD)

Intervention

- Administered evidence-based treatment approaches (e.g., cognitive-behavioral therapy/CBT with exposures) for anxiety disorders in children and adolescents
- Implemented the Supportive Parenting for Anxious Childhood Emotions (SPACE) Program for parents when appropriate
- Incorporated aspects of mindfulness and Acceptance and Commitment Therapy (ACT) into treatment when appropriate

- Gained exposure to conceptualizing and treating youth ages 8-18 with a variety of complex clinical presentations—including children and adolescents experiencing Generalized Anxiety Disorder, Separation Anxiety Disorder, Social Anxiety Disorder, Specific Phobia, Selective Mutism, and Obsessive Compulsive Disorder—in an outpatient research setting
- Summary: Children/Adolescents; Parents; CBT, Exposure, Mindfulness, ACT, SPACE

Assessment

- Administered Wechsler Abbreviated Scale of Intelligence (WASI) and other clinical assessment measures, including the Kiddie Schedule for Affective Disorders and Schizophrenia (KSADS) and Pediatric Anxiety Rating Scale (PARS)
- Conducted 45-60 minute phone screens using a study-modified KSADS to parent to preliminarily determine child's study eligibility
- Gained exposure to diagnosing, assessing, and conceptualizing clinical irritability in youth, primarily among youth experiencing Attention-Deficit/Hyperactivity Disorder (ADHD) and Disruptive Mood Dysregulation Disorder (DMDD).
- Summary: Children/Adolescents; KSADS, PARS, WASI

Supervision/Training

- Received weekly supervision with licensed psychologists
- Presented phone screen cases in weekly group supervision to facilitate consensus on preliminary study eligibility and possible diagnoses
- Attended weekly clinical rounds to discuss patient progress and receive feedback
- Attended weekly clinical and research didactics hosted by the branch
- Trained research assistants in WASI administration
- Trained new clinical externs in study screening and clinical interview procedures
- Mentored research assistants applying to graduate school in clinical psychology
- Conducted clinically relevant research under the mentorship of a clinical psychologist; this work focused on the relationship between behavioral inhibition, self-efficacy, and youth anxiety symptoms

June 2022-Sept 2022 **Graduate Student Peer Supervisor, *University of Maryland Psychology Clinic***
 University of Maryland Clinical Psychology Doctoral Program
 College Park, MD
Supervisor: M. Colleen Byrne, PhD

Supervision/Training:

- Provided weekly peer supervision to clinical psychology doctoral students during their first year of clinical training; included supervision on case formulation, assessment battery selection, assessment and intake administration, treatment planning, and non-specific therapy skills
- Received weekly individual and/or group supervision

Mar 2022-June 2023 **Diagnostic Interviewer, *Big Emotions Across Development Laboratory***
 Department of Psychology, University of Maryland
 College Park, MD
Supervisor & Principal Investigator: Lea Dougherty, PhD

Assessment:

- Administered a study-specific version of the Structured Clinical Interview for DSM-5 Disorders (SCID-5) to research participants via telehealth
- Presented cases in weekly group supervision to facilitate diagnostic consensus
- Summary: Adults; SCID-5

Aug 2021-Aug 2024 **Counselor, *Kids Out Loud Therapy Summer Camp – previously Cool, Confident, and Courageous Group for Selective Mutism***

Brighter Outlook Cognitive Behavioral Therapy & The Anxiety Treatment Center of Maryland

Bethesda, MD; Potomac, MD

Supervisors: Veronica Raggi, PhD; Courtney Keeton, PhD (2023-2024); Kelly O'Brien (2021-2022)

Intervention:

- Implemented a week-long intensive behavioral program for young children (ages 4-7) with Selective Mutism in a naturalistic summer day-camp setting
- Interventions leveraged exposure and Parent Child Interaction Training for Selective Mutism (PCIT-SM)
- Gained some exposure to working with older children (age 11-12) with Selective Mutism, with intervention focusing on exposure
- Completed daily assessments of symptom change and brief written reports of growth/challenges
- Received live supervision as well as daily group supervision
- Summary: Children; Parents; PCIT-SM; Exposure

July 2021-June 2022 **Coach, *SUCCEEDS College ADHD Clinic***

University of Maryland “Students Understanding College Choices/Encouraging & Executing Decisions for Success” (SUCCEEDS) College ADHD Clinic

College Park, MD

Supervisor: Andrea Chronis-Tuscano, PhD

Intervention:

- Provided evidence-based therapy within a cognitive-behavioral framework for college students with ADHD and common comorbidities, including anxiety and depression
- Coached college students with ADHD through the use of organizational skills necessary to their academic success
- Receive weekly group and/or individual supervision and individual video tape review
- Summary: Adults; CBT, Organization Skills Training (OST), Behavioral Activation, Motivational Interviewing

Jan 2021-June 2023 **Graduate Student Evaluator, *University of Maryland Psychology Clinic***

University of Maryland Clinical Psychology Doctoral Program

College Park, MD

Supervisors: M. Colleen Byrne, PhD; Michael Guilbault, PhD

Assessment:

- Conducted comprehensive psychoeducational evaluations with children, adolescents, and adults presenting with learning, emotional, and behavioral difficulties
- Conducted structured diagnostic interviews with parents and youth; administered cognitive, achievement and neuropsychological measures; scored and interpreted data; formulated case conceptualizations; wrote integrated assessment reports; provided feedback to families, which included discussing diagnoses, functional impairment, treatment recommendations and academic accommodations
- Received weekly group supervision for testing and individual supervision for report writing

Measures Administered:

Diagnostic Interviews: Structured Clinical Interview for DSM-5 (SCID-5); Kiddie Schedule for Affective Disorders and Schizophrenia for DSM-5 (KSADS-5); Modified

Kidde Schedule for Affective Disorders and Schizophrenia for DSM-IV (Modified KSADS-IV)

Assessment Batteries: Wechsler Intelligence Scale for Children – Fifth Edition (WISC-V); Woodcock Johnson IV Test of Achievement (WJ-IV); Wechsler Adult Intelligence Scale – Fourth Edition (WAIS-IV); Wechsler Intelligence Achievement Test – Third Edition (WIAT – III); Wechsler Intelligence Achievement Test – Fourth Edition (WIAT-IV)

Domain Specific: The Conners' Continuous Performance Test (CPT-3)

Rating & Belief Scales: Acceptance and Action Questionnaire for Trichotillomania (AAQ-4TTM); Adult ADHD Self-Report Scale (ASRS) Symptom Checklist; Barkley Adult ADHD Rating Scale–IV (BAARS–IV); Clinically Useful Depression Outcome Scale (CUDOS); Columbia-Suicide Severity Rating Scale (C-SSRS); Conner's Adult ADHD Rating Scale (CAARS)—Self- and Observer-Report; Disruptive Behavior Disorders – Parent Report (DBD); Eating Disorder Examination – Questionnaire Short (EDE-QS); Generalized Anxiety Disorder 7-item (GAD-7) Scale; Patient Health Questionnaire–9 (PHQ-9); Personality Inventory for DSM-5–Brief Form (PID-5-BF); Personality Beliefs Questionnaire Short Form (PBQ-SF); PTSD Checklist for DSM-5 (PCL-5); Revised Children's Anxiety and Depression Scale–Child- and Parent-Report (RCADS); Schwartz Outcome Scale–10 (SOS-10); Vanderbilt Assessment Scale—Parent- and Teacher-Report; Yale Brown Obsessive-Compulsive Scale (Y-BOCS)

June 2020-Aug 2023 **Graduate Student Therapist, *University of Maryland Psychology Clinic***

University of Maryland Clinical Psychology Doctoral Program
College Park, MD

Supervisors: M. Colleen Byrne, PhD; Karen Schwartz, PhD; CJ Seitz-Brown, PhD; Jessica Magidson, PhD

Intervention:

- Provided evidence-based therapy within a cognitive-behavioral framework for children, adolescents, and adults experiencing a range of psychological difficulties including depression, anxiety, ADHD, phobia, OCD, trichotillomania, low self-esteem, disordered eating, and emotion dysregulation
- Received weekly group and/or individual supervision and individual video tape review
- Summary: Adults, Children/Adolescents; CBT, ACT, DBT, Organization Skills Training (OST), Behavioral Activation, Motivational Interviewing, Mindfulness, Exposure (for Social Anxiety Disorder and Specific Phobia), Exposure & Response Prevention (ERP), and Parent Training skills drawn from PCIT

Other Clinical Experiences

Feb 2023, Jan 2024 **Camp Counselor, *Online OCD Camp for Youth***

International OCD Foundation

Two-day virtual camp held via videoconference; Led small group discussions and psychoeducational activities focused on how the anxiety & OCD cycles work and how Exposure & Response Prevention (ERP) can help; audience was 12-14 year olds with OCD

Mar 2018-Mar 2021 **Crisis Counselor, *Crisis Text Line***

Crisis Text Line

Provided real-time support to individuals in heightened mental or emotional states through reflective listening, collaborative problem solving, and safety planning

Sept 2016-July 2019 **Trainee, *Schizophrenia Clinical Program***

Clinical & Translational Neuroscience Branch, National Institute of Mental Health

Supervisor: Ann Reifman, PhD

Participated in group sessions (e.g., music group, cooking group) two times per week with adults with schizophrenia and related psychotic-spectrum disorders; Engaged with individuals from the inpatient unit in informal as well as clinical settings, including community outings to local museums; Received ongoing weekly didactics related to clinical practices and research related to psychosis; Administered a study-specific version of the SCID-IV to incoming patients with live supervision from a staff psychologist; Attended weekly interdisciplinary case conferences

July 2016-July 2019 **Postbaccalaureate Research Fellow, Section on Integrative Neuroimaging**
Clinical & Translational Neuroscience Branch, National Institute of Mental Health
Principal Investigator: Karen F. Berman, MD

Conducted >1,600 hours of MRI and PET scans for patients with schizophrenia and related psychotic disorders, children and adults with Williams syndrome and 7q11.23 Duplication syndrome, and healthy controls; Assuaged anxiety around scanning procedures; trained patients in behavioral and functional MRI tasks

TEACHING ACTIVITIES

Certification

2023-present **University Teaching & Learning Program (UTLP) Associate-Level Certificate (expected Spring 2026)**
Teaching and Learning Transformation Center, University of Maryland
Provides professional development for graduate students and postdoctoral fellows in the area of teaching and learning in higher education. The University Teaching and Learning Program (UTLP) provides formal training in teaching in higher education, including engagement with the following themes: 1) Teaching as research, 2) Learning through diversity, and 3) Learning communities.

Honors Thesis Supervision

2025-2026 **Graduate Mentor & Primary Supervisor**
Psychology Honors Program, University of Maryland
Advisee: Steven Hadad

2021-2023 **Graduate Mentor & Primary Supervisor**
Biology Honors Program, University of Maryland
Advisee: Tesia Shi

Courses

Summer 2022-24 **Graduate Teaching Assistant, PSYC 437: The Assessment and Treatment of Addictive Behaviors**
Department of Psychology, University of Maryland
Format: Online
Enrollment: 29-32 students
Instructor: CJ Seitz-Brown, PhD

Spring 2023 **Graduate Teaching Assistant, PSYC 210: Personality and Temperament: Developmental Origins, Brain Bases, and Clinical Implications**
Department of Psychology, University of Maryland
Format: In-person
Enrollment: 38 students
Instructor: Yi Wei, PhD

- Fall 2022 **Graduate Teaching Assistant, *PSYC 489A: Advanced Special Topics in Psychology: The Nature and Biological Bases of Emotion***
 Department of Psychology, University of Maryland
Format: In-person
Enrollment: 37 students
Instructor: Alexander Shackman, PhD
- Spring 2022 **Graduate Teaching Assistant, *PSYC 210: Personality and Temperament: Developmental Origins, Brain Bases, and Clinical Implications***
 Department of Psychology, University of Maryland
Format: In-person
Enrollment: 114 students
Instructor: Alexander Shackman, PhD
- Winter 2022-25 **Graduate Teaching Assistant, *PSYC 437: The Assessment and Treatment of Addictive Behaviors***
 Department of Psychology, University of Maryland
Format: Online
Enrollment: 20-30 students
Instructor: CJ Seitz-Brown, PhD
- Spring 2020 **Graduate Teaching Assistant, *PSYC 100: Introduction to Psychology***
 Department of Psychology, University of Maryland
Format: In-person until March 2020; then online due to COVID-19
Enrollment: 299 students
Instructor: Dylan Selterman, PhD
 Instructor for four, one-hour discussion sections
 Enrollment: 120 students (30 students, 4 sections)
- Fall 2019 **Graduate Teaching Assistant, *PSYC 300: Research Methods***
 Department of Psychology, University of Maryland
Format: In-person
Enrollment: 190 students
Instructor: Edward Bernat, PhD
 Instructor for two, one-hour lab sections teaching statistical concepts and applied analyses using JASP
 Enrollment: 60 students (30 students, 2 sections)

Other Lectures, Panels, and Presentations

- March 2023 **Guest Lecturer, “*Adult Neuroticism/Negative Emotionality (N/NE) and the Role of the Extended Amygdala*”**
 PSYC 210: Personality and Temperament: Developmental Origins, Brain Bases, and Clinical Implications
- April 2022 **Invited Panelist, *Networking in Neuroscience***
 Maryland Neuroscience Society
- March 2022 **Clinical Psychology Program Case Conceptualization Presentation**
 Clinical Program, Department of Psychology, University of Maryland
 Grogans, S. E. (2022). Utilizing exposure, habit reversal, and ACT skills to treat a young adult with symptoms of anxiety, trichotillomania, and an unspecified eating disorder: Clinical case

presentation. *Clinical Program Collaborative Research Initiative Seminar (CRIS)*, Department of Psychology, University of Maryland, College Park, MD.

- February 2022 **Clinical Psychology Research Program Presentation**
Clinical Program, Department of Psychology, University of Maryland
Grogans, S. E. (2022). Understanding the relevance of extended amygdala reactivity to dispositional negativity. *Clinical Program Collaborative Research Initiative Seminar (CRIS)*, Department of Psychology, University of Maryland, College Park, MD.
- December 2021 **Guest Lecturer, “Understanding the Relevance of Extended Amygdala Reactivity to Dispositional Negativity”**
PSYC 409: Topics in Neuroscience Seminar
- December 2020 **Guest Lecturer, “Neuroticism and the Amygdala: What We Know & What I Want To Find Out”**
PSYC 409: Topics in Neuroscience Seminar
- August 2020 **Invited Panelist, Psychology Graduate Student Panel for Undergraduates**
Department of Psychology, University of Maryland
- September 2018 **“Introduction to Linux & Shell Scripting”**
Presentation delivered to fellow post-baccalaureate trainees at the *NIMH Clinical and Translational Neuroscience Branch*, Bethesda, MD

PROFESSIONAL SERVICE

Ad Hoc Reviewing

- 2026 *11th World Confederation of Cognitive and Behavioural Therapies Congress*
- 2025 *Journal of Psychopathology and Clinical Science; Psychopathology; Grey Matters at University of Maryland (Undergraduate-led neuroscience publication)*
- 2024 *Communications Psychology; Grey Matters at University of Maryland*
- 2023 *Nature Communications*
- 2022 *Advances in Methods and Practices in Psychological Science; Neuroscience and Biobehavioral Reviews; Journal of Consulting and Clinical Psychology*
- 2021 *Journal of Neuroscience*

Other Professional Service & Outreach

- 2023-2024 **Social Media Liaison**
Anxiety and Depression Association of America (ADAA), Early Career & Trainee Special Interest Group
Engaged the ADAA Early Career & Trainee Special Interest Group via bi-weekly social media posts promoting upcoming events, conference activities, and relevant research
- 2023-2024 **Mental Health Committee Chair**
Dean’s Graduate Student Advisory Council
Spearheaded a small team in the preparation of a report summarizing the findings of a college-wide graduate student mental health survey and composed feasible recommendations for improvement; disseminated these findings to key stakeholders (e.g., Associate Dean)
- 2022-2024 **PCSAS Student Representative**

Psychological Clinical Science Accreditation System (PCSAS)

Wrote two brief articles (~600 words) per year for submission to the PCSAS student newsletter—topics could range from life in graduate school, clinical training, improving clinical science, issues in the field, etc.; attended twice yearly town halls and disseminated PCSAS news to peers in my program

2022-2024

Department Representative

Dean's Graduate Student Advisory Council & Psychology Graduate Committee

Served as a liaison between the college graduate students and the Dean's office, and worked to promote graduate students' interests and address relevant issues (e.g., shuttle routes, campus lighting at night, funding for international students)

2022, 2023

Editor

Application Statement Feedback Program (for Psychology PhD applicants)

Provided constructive feedback to psychology PhD applicants on their application materials

2022-2025

Diversity & Inclusion Committee Member

University of Maryland Clinical Psychology Doctoral Program

Implementing measures to further diversity and inclusion efforts within the clinical program

2021-2022

Clinical Science Training Committee Member

University of Maryland Clinical Psychology Doctoral Program

Prepared how-to guides for operating in the campus clinic and organized student-led panels on applying to externship and internship

2021-2025

Mentor

NextGen Psych Scholars Program

Mentoring 1-2 undergraduates or post-baccalaureates from underrepresented backgrounds as they pursue careers and graduate study in psychology; outreach through campus events

2021

Student Preparer

University of Maryland Clinical Psychology Doctoral Program

Assisted with the preparation of the program's self-study for American Psychological Association re-accreditation

SELECT COMMUNITY ENGAGEMENT

2018-2020

Alumni Interviewer

Northwestern University Alumni Admission Council

Conducted several alumni interviews with Northwestern applicants each year and drafted reports for the admissions committee

2018

Brain Awareness Week Volunteer

National Institute of Mental Health (NIMH)

Served as part of NIMH's team who organized brain-related activities and stations for school-age children to visit at the National Museum of Health and Medicine's Brain Awareness Week event

2017-2019

Project Sunshine Volunteer

The Children's Inn at NIH

Supported children facing medical illness staying at the Children's Inn for an extended period by engaging in activities such as reading and arts and crafts

2017-2018

Volunteer Tutor

For Love of Children (FLOC)

Tutored middle-schoolers from under-served Washington, D.C. neighborhoods in math and reading weekly, with the aim of facilitating a love of learning

2017

Capital Pride Parade Volunteer

Capital Pride Alliance

Assisted with parade route set-up, crowd control and safety, and clean-up

PROFESSIONAL AFFILIATIONS

2025-present National Register of Health Service Psychologists
2024-present *Society of Clinical Psychology, Section 10*
2024-2025 *Association for Behavioral and Cognitive Therapies*
2024-2025 *Society for Research in Psychopathology*
2023-present *Anxiety and Depression Association of America*
2023-present Quant Family Collective
2022-present *Society for Quantitative Methods*
2022-2023 *Association for Psychological Science*
2022-2023 Phi Kappa Phi Honors Society
2019-present National Center for Faculty Development & Diversity
2019-2025 University of Maryland Graduate School Society of Fellows
2017-2019 *Society for Neuroscience*