

# Jesse Hochheiser, Ph.D.

## *Curriculum Vitae*

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### CONTACT INFORMATION

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### LICENSURE

<b>Board of Psychology District of Columbia</b> License Number: PSY1001681	<b>2021</b>
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### EDUCATION

<b>Doctor of Philosophy</b> Department of Psychology, University of Nebraska–Lincoln Clinical Psychology Training Program (APA Accredited) Dissertation: <i>Metacognition in Schizotypy</i> Proposal Approved: September 2017 Defense: Spring 2019 Chair: William D. Spaulding, PhD	<b>2019</b>
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<b>Master of Arts</b> Department of Psychology, University of Nebraska–Lincoln	<b>2014</b>
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<b>Bachelor of Arts</b> Department of History, Bard College	<b>2006</b>
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### POST-DOCTORAL PSYCHOLOGY FELLOWSHIP

<b>Carl T Hayden VA Medical Center</b> Phoenix, AZ	<b>2019 - 2020</b>
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### PSYCHOLOGY INTERNSHIP

<b>Richard L Roudebush VA Medical Center</b> Indianapolis, IN	<b>2018 - 2019</b>
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### SUMMARY OF GRADUATE ASSISTANTSHIPS

<b>Mental Health Clinic, Integrated Pathways of Antelope Valley</b> Lincoln, NE	<b>2016 - 2018</b>
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<b>Therapeutic Group Home, Seward Family Support Center</b> Seward, NE	<b>2015 - 2016</b>
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<b>Specialized Substance Abuse Supervision Unit</b> Lancaster County Adult Probation Lincoln, NE	<b>2014 - 2015</b>
<b>Disability Rights Nebraska</b> Lincoln, NE	<b>2013 - 2014</b>
<b>Veterans Administration, Nebraska-Western Iowa</b> Lincoln, NE	<b>2012 - 2013</b>

### CLINICAL EXPERIENCE

<b>The Ross Center</b> <b>Washington DC</b> <b>Licensed Clinical Psychologist</b> Primary Duties: Providing EBP individual therapy for individuals with anxiety disorders (GAD, SAD, OCD, PTSD)	<b>2021-Present</b>
<b>PTSD Clinical Team</b> <b>Midtown Clinic, Phoenix VA Healthcare System, Phoenix, AZ</b> <b>Psychology Postdoc</b> <u>Supervisor:</u> Courtney Baker, PsyD (Licensed Psychologist) Primary Duties: ▪ Providing EBP individual therapy for Veterans with PTSD (CPT and PE) ▪ Conducting intake assessments to determine diagnostic status ▪ Facilitating weekly support group for Vietnam Veterans with PTSD	<b>2019 - 2020</b>
<b>General Mental Health Clinic</b> <b>Carl T Hayden VA Medical Center, Phoenix, AZ</b> <b>Psychology Postdoc</b> <u>Supervisor:</u> Leanne Fierstein, PhD (Licensed Psychologist) Primary Duties: ▪ Conducting intake assessments to determine diagnostic status ▪ Providing EBP individual therapy (CBT)	<b>2019 - 2020</b>
<b>Psychosocial Rehabilitation and Recovery Center</b> <b>Richard L Roudebush VA Medical Center, Indianapolis, IN</b> <b>Psychology Intern</b> <u>Supervisor:</u> Paul Lysaker, PhD (Licensed Psychologist) Primary Duties: ▪ Conducting individual and group therapy to veterans with a Serious Mental Illness ▪ Providing weekly supervision of practicum students ▪ Providing a weekly recovery-focused group for inpatients ▪ Conducting diagnostic assessments on inpatient unit	<b>2018 - 2019</b>
<b>Mental Health Clinic</b> <b>Richard L Roudebush VA Medical Center, Indianapolis, IN</b> <b>Psychology Intern</b> <u>Supervisor:</u> Amanda Wickett, PsyD (Licensed Psychologist) Primary Duties: ▪ Providing evidence-based individual therapy (such as CPT, CBT) interventions to veterans with a range of diagnoses	<b>2018 - 2019</b>

- Conducting MHC intake assessments for veterans new to the clinic
- Providing differential diagnostic assessments
- Conducting CAPS interviews to determine eligibility for CPT

**Mental Health Clinic, Integrated Pathways of Antelope Valley, Lincoln, NE** **2016 - 2018**  
**Psychology Extern**

Supervisor: Joe Swoboda, PhD (Licensed Psychologist)

Primary Duties:

- Providing evidence-based individual and group therapy interventions for clients with a Serious Mental Illness
- Developing infrastructure for a mental health clinic for an assisted living facility
- Building a client database to provide a central resource for general client information
- Consulting with case managers and residential staff

**Therapeutic Group Home, Seward Family Support Center, Seward, NE** **2015 - 2016**  
**Psychology Extern**

Supervisor: Will Spaulding, PhD (Licensed Psychologist)

Primary Duties:

- Provided evidence-based weekly individual and group therapy for adolescents with severe behavioral problems residing in a therapeutic group home
- Provided court-mandated family therapy and engaged in family outreach
- Wrote pre-treatment assessments for all individuals based on interviews and extensive record collection
- Conducted risk assessments, particularly for self-harm and suicidal ideation
- Took part in weekly interdisciplinary team meetings involving residential staff, case workers, probation officers, and teachers

**SSAS Unit, Lancaster County Adult Probation, Lincoln, NE** **2014 - 2015**

**Psychology Extern**

Supervisor: Dennis McChargue, PhD (Licensed Psychologist)

Primary Duties:

- Worked with an ethnically diverse population of individuals on probation and parole and provided evidence-based individual therapy for people presenting with a broad range of diagnoses including substance use, SMI, PTSD, and personality disorders
- Co-facilitated four 10-12 week anger management groups with individuals on probation and parole
- Regular consultation and meetings with probation officers

**Psychological Consultation Center, Lincoln, NE** **2013 - 2015**

**Psychology Trainee**

Supervisors: Dennis McChargue, PhD (Licensed Psychologist); Debra A. Hope, PhD (Licensed Psychologist); Will Spaulding, PhD (Licensed Psychologist)

Primary Duties:

- Conducted diagnostic interviews and psychological assessments
- Provided evidence-based psychological treatment to individuals in the community for mental health concerns, such as major depression, general anxiety, and pathological personality traits
- Observed student therapy sessions and assisted with group supervision and consultation

**Community Mental Health Center of Lancaster County, Lincoln, NE** **2013 - 2014**  
**Group Therapist**

Supervisor: Joseph S. Swoboda, PhD (Licensed Psychologist)

Primary Duties:

- Co-led groups including Cognitive Behavioral Social Skills Training (CBSST)

- Evaluated participation and progress of group participants

**Veterans Administration, Lincoln, NE****2012 - 2013****Psychology Extern**Supervisor: A. Jocelyn Ritchie, JD, PhD (Licensed Psychologist)

## Primary Duties:

- Administered neuropsychological test batteries to differentiate between brain injury and psychiatric symptoms in combat veterans
- Scored, interpreted and completed reports associated with assessment batteries

**Midtown Center, Lincoln, NE****2012 - 2013****Group Therapist**Supervisor: William D. Spaulding, PhD (Licensed Psychologist);

## Primary Duties:

- Conducted group skills training and psychoeducation at a day rehabilitation center for people with a serious mental illness
- Co-led groups including Social Cognitive Interaction Therapy (SCIT) and Integrated Psychological Therapy
- Evaluated participation and progress of group participants

**RESEARCH EXPERIENCE****Schizotypy Research Project****2015 - 2018**

## Co-Lead Investigator

- Organized and chose instruments in a battery of self-report assessments administered over the course of several semesters
- Administered cognitive assessments
- Wrote IRB protocols and amendments and updated continuing review documents for IRB

**Hair Cortisol in Serious Mental Illness (Master's Project)****2013 - 2014**

## Co-Lead Investigator

- Recruited participants from a Community Mental Health Center
- Collected hair samples and analyzed samples using enzyme-linked immunosorbent assay (ELISA)
- Administered assessments to participants
- Assisted writing IRB protocols and wrote IRB amendments

**Disability Rights Nebraska****2013 - 2014**

## Graduate Research Assistant

- Conducted research on mental health effects of solitary confinement
- Researched data on solitary confinement practices in different states
- Co-wrote report on solitary confinement that was presented to Nebraska state senators

**Serious Mental Illness Research Group****2012 - 2018**

## Research Group Member

- Assisted in four dissertations
- Led a shared decision-making group
- Administered symptom assessments and cognitive assessments
- Rated fidelity of group treatment modalities

**Clinical Brain Disorders Branch, National Institute of Mental Health****2010 - 2012**

Supervisor: Jose A. Apud, MD, PhD

- Coordinated three research protocols testing the cognitive benefits of atomoxetine, modafinil, and tolcapone for patients diagnosed with schizophrenia
- Research project investigating the association between developmental milestones, motor abnormalities, and cognitive functioning
- Recruiter of healthy subjects for drug studies

### SPECIALIZED TRAINING

<p><b>Cognitive Processing Therapy Training</b>          Presenter: Michael Moore, PhD          Phoenix VA Healthcare System          Phoenix, AZ</p>	<p><b>2019</b></p>
<p><b>CBT for Chronic Pain Training</b>          Presenter: Eric Hanson, PhD          Phoenix VA Healthcare System          Phoenix, AZ</p>	<p><b>2019</b></p>
<p><b>CBT for Insomnia</b>          Presenter: Jennifer Averyt, PhD          Phoenix VA Healthcare System          Phoenix, AZ</p>	<p><b>2019</b></p>
<p><b>Metacognitive Reflection and Insight Therapy Training</b>          Presenter: Paul Lysaker, PhD          Richard L Roudebush VA Medical Center          Indianapolis, IN</p>	<p><b>2018</b></p>
<p><b>Integrating Evidence-based Insomnia Treatment into Your Practice with Clients with Depression, Trauma, Anxiety or Chronic Pain</b>          Presenter: Colleen E. Carney, PhD, CPsych          Nebraska Psychological Association &amp; UNL Clinical Psychology Training Program          Lincoln, NE</p>	<p><b>2015</b></p>
<p><b>Violence Risk Assessment Using the Historical-Clinical-Risk Management-20: Version 3</b>          Presenter: Steven Hart, PhD          Lincoln, NE</p>	<p><b>2015</b></p>

### MANUSCRIPTS PUBLISHED

**Hochheiser, J.,** Lundin, N., & Lysaker, P. H. (2019). *The independent relationship of metacognitive function and mindfulness to self-compassion in schizophrenia*. Journal of Nervous & Mental Disease.

Lundin, N., **Hochheiser, J.,** Minor, K. S., Hetrick, W. P., & Lysaker, P.H. (2019). *Piecing together fragments: Linguistic cohesion mediates the relationship between executive function and metacognition in schizophrenia*. Schizophrenia Research.

Fischer, M. W. Dimaggio, G., **Hochheiser, J.,** Vohs, J. L., Phelan, P., Lysaker, P. H. (2019). *Metacognitive capacity is related to self-reported social functioning and may moderate the effects of symptoms on interpersonal behavior*. Journal of Nervous & Mental Disease.

- Gagen, E. C., Zalzal, A. B., **Hochheiser, J.**, Martin, A. S., & Lysaker, P. H. (2019). *Metacognitive deficits and social functioning in schizophrenia across symptom profiles: A latent class analysis*. *Journal of Experimental Psychopathology*.
- Lysaker, P. H., Dimaggio, G., Hamm, J. A., Leonhardt, B. L., **Hochheiser, J.**, & Lysaker, J. T. (2018). *Disturbances in self-experience in schizophrenia: metacognition and the development of an integrative recovery oriented individual psychotherapy*. *Psychopathology*.
- Reed, J. L., D'Ambrosio, E., Marengo, S. Ursini, G., Zheutlin, A. B., Blasi, G., Spencer, B. E., Romano, R., **Hochheiser, J.**, Reifman, A., Sturm, J. Berman, K. F., Bertolini, A., Weinberger, D. R., Callicott, J. H. (2018) *Interaction of childhood urbanicity and variation in dopamine genes alters adult prefrontal function as measured by functional magnetic resonance imaging*. *PLOS One*. <https://doi.org/10.1371/journal.pone.0195189>.

### POSTER PRESENTATIONS

- Hochheiser, J.**, Montague, E., & Spaulding, W. D. (2018, September) *Metacognitive beliefs mediate the relationship between childhood emotional abuse and loneliness*. Poster presented at the Society of Research in Psychopathology, Indianapolis, IN.
- Hochheiser, J.**, Montague, E., & Spaulding, W. D. (2017, March). *Schizotypy as a predictor of subjective cognitive emotion regulation*. Poster presented at the meeting of the International Congress of Schizophrenia Research, San Diego, CA.
- Montague, E., **Hochheiser, J.** Brock, R. B., & Spaulding, W. D. (2017, March). *Predictors of subclinical positive features: a structural equation modeling (SEM) approach to schizotypy*. Poster presented at the meeting of the International Congress of Schizophrenia Research, San Diego, CA.
- Hochheiser, J.**, Nabity, P. S., Li, M., & Spaulding, W. D. (2015, March). *Hair cortisol is associated with self-report of childhood abuse among individuals with a psychotic disorder*. Poster presented at the meeting of the International Congress of Schizophrenia Research, Colorado Springs, CO.
- Dickinson, D., **Hochheiser, J.**, Apud, J., Chen, Q., Berman, K. F., Weinberger, D. R., & Hyde, T. M. (2014, December). *Complex motor sequencing as a potential intermediate phenotype for schizophrenia genetics studies*. Poster presented at the American College of Neuropsychopharmacology, Phoenix, AZ.
- Nabity, P., **Hochheiser, J.**, & Spaulding, W.D. (2014, November). *Cortisol from hair as a measure of hypothalamic-pituitary-adrenal (HPA) axis functioning and psychopathology in a serious mental illness (SMI) population*. Poster presented in SMI SIG meeting at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Davidson, C. A., **Hochheiser, J.**, Bottoms, H., Cook, E., Gallegos, Y., Avila, A., & Spaulding, W.D. (2012, November) *Social Functioning and Social Cognition in Serious Mental Illness compared to a Large Undergraduate Normative Sample*. Poster presented in the SMI SIG meeting at the Association for Behavioral and Cognitive Therapies, Nashville, TN.

### SELECT AWARDS

**Research Advisory Committee / Warden Research Travel Award**  
 University of Nebraska-Lincoln, Department of Psychology  
 Total Award (4 awards): \$ 900

**2012 - 2017**

**Technical Intramural Research Training Award**  
National Institute of Mental Health, Clinical Brain Disorders Branch

**2010 - 2012**

**OTHER SELECT PROFESSIONAL ACTIVITIES**

**Article Reviewer**  
(*BMC Psychiatry*)

**2017**

**PROFESSIONAL AFFILIATIONS**

American Psychological Association – Member  
Anxiety and Depression Association of America – Member  
Association for Behavioral and Cognitive Therapies – Member  
DC Psychological Association – Member

Jesse Hochheiser, Ph.D.      07/21/2022

A handwritten signature in black ink on a white background. The signature is cursive and appears to read 'J. Hochheiser'.