

# Kathryn A. DeYoung

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## EDUCATION

Aug. 2014 – May 2016      American University, Washington, DC  
Master of Arts, Psychology

Aug. 2004 – May 2009      University of Tennessee, Knoxville, TN  
Bachelor of Arts, Psychology

## RESEARCH EXPERIENCE

Aug. 2016 – Present      *Director of Laboratory Operations*  
Affective and Translational Neuroscience Laboratory | Maryland Neuroimaging Center  
Department of Psychology and Neuroscience & Cognitive Science Program, University  
of Maryland, College Park, MD

Dec. 2015 – Aug. 2016      *Executive Officer*  
Consortium for Health and Military Performance (CHAMP) | A DoD Center of Excellence  
Department of Military and Emergency Medicine, Uniformed Services University of the  
Health Sciences, Bethesda, MD.

Aug. 2014 – Dec. 2015      *IRB Coordinator & Research Consultant*  
Consortium for Health and Military Performance (CHAMP) | A DoD Center of Excellence  
Department of Military and Emergency Medicine, Uniformed Services University of the  
Health Sciences, Bethesda, MD.

April 2013 – Aug. 2014      *Program Manager*  
Injury Prevention Research Laboratory  
Department of Family Medicine, Uniformed Services University of the Health  
Sciences, Bethesda, MD.

May 2012 – March 2013      *Clinical Trials Program Manager*  
Laboratory for the Treatment of Suicide-Related Ideation and Behavior  
Department of Medical & Clinical Psychology, Uniformed Services University of  
the Health Sciences, Bethesda, MD.

Sept. 2011 – May 2012      *Clinical Trials Recruitment and Follow-Up Coordinator*  
Laboratory for the Treatment of Suicide-Related Ideation and Behavior  
Department of Medical & Clinical Psychology, Uniformed Services University of  
the Health Sciences, Bethesda, MD.

April 2010 – Sept. 2011      *Research Coordinator*  
Laboratory for the Treatment of Suicide-Related Ideation and Behavior  
Department of Medical & Clinical Psychology, Uniformed Services University of  
the Health Sciences, Bethesda, MD.

May 2009 – Dec. 2009      *Senior Research Assistant*  
Gordon Couples Research Laboratory  
Department of Psychology, University of Tennessee, Knoxville, TN.

## PEER REVIEWED MANUSCRIPTS

- Kochanski-Ruscio, K. M., Carreno-Ponce, J. T., **DeYoung, K.**, Grammer, G., & Ghahramanlou-Holloway, M. (2014). Diagnostic and psychosocial differences in psychiatrically hospitalized military service members with single versus multiple suicide attempts. *Comprehensive psychiatry*, 55(3), 450-456.
- Sterling IV, A. G., Bakalar, J. L., Perera, K. U., **DeYoung, K. A.**, Harrington-LaMorie, J., Haigney, D., & Ghahramanlou-Holloway, M. (2016). Perspectives of Suicide Bereaved Individuals on Military Suicide Decedents' Life Stressors and Male Gender Role Stress. *Archives of Suicide Research*, (just-accepted).
- VanSickle, M., Werbel, A., Perera, K., Pak, K., **DeYoung, K.**, & Ghahramanlou- Holloway, M. (2016). Perceived barriers to seeking mental health care among United States Marine Corps Non-Commissioned Officers Serving as Gatekeepers for Suicide Prevention. *Psychological Assessment*.
- VanSickle, M., Werbel, A., Perera, K., Pak, K., **DeYoung, K.**, & Ghahramanlou-Holloway, M. (in press). Principal component analysis of the Suicide Opinion Questionnaire in a United States military sample of Marine Corps Non-Commissioned Officers.
- VanSickle, M., Werbel, A., Perera, K., Pak, K., **DeYoung, K.**, & Ghahramanlou-Holloway, M. (revise & resubmit). An empirical investigation of the principal component structure for the perceived barriers to care measure in a United States military sample of Marine Corps non-commissioned officers.

## NATIONAL CONFERENCE PRESENTATIONS AND PUBLISHED ABSTRACTS

\*Signifies Published Abstracts

- DeYoung, K. A.**, Hellmuth, J.C., Christman, J.A., & Gordon, K.C. (2009, November). *Predicting Intent to Return: The Probability of Engaging in Maladaptive Forgiveness as Predicted by Self-Efficacy*. Poster presented at the 43rd annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Hellmuth, J.C., **DeYoung, K.A.**, Smith, J.D., Rhatigan, D.L., Moore, T.D., & Gordon, K.C. (2010, February). *Psychotherapy with Acutely Battered Women: A Case Examination of an Integrative Treatment Approach*. Poster presented at the National Summit on Interpersonal Violence and Abuse Across the Lifespan: Forging a Shared Agenda, Dallas, TX.
- Cox, D. W., **DeYoung, K. A.**, Szeto, E. H., Greene, F. N., Bakalar, J. L., Schendel, C. L., Ghahramanlou-Holloway, M. (2011, August). *Dying to belong: Interpersonal predictors of suicide*. Symposium presented at the Annual Meeting of the American Psychological Association, Washington, DC.
- \*Bakalar, J., Carreno-Ponce, J., Sterling, G., **DeYoung, K.**, Szeto, E., & Ghahramanlou-Holloway, M. (2012, April). *Military survivors' perspectives on interpersonal life stressors observed 30-days prior to their loved ones' suicide*. Poster presented at the 45<sup>th</sup> Annual Conference of the American Association of Suicidology, Baltimore, MD.
- \*Brazaitis, K., Schendel, C., Lunt, R., **DeYoung, K.**, & Ghahramanlou-Holloway, M. (2012, April). *Measuring the lethality of suicide-related behaviors: A literature review*. Poster presented at the 45<sup>th</sup> Annual Conference of the American Association of Suicidology, Baltimore, MD.

\*Ryan, K., Blevins, C., Werbel, A., **DeYoung, K.**, Szeto, E., & Ghahramanlou-Holloway, M. (2012, April). *Attitudinal changes toward suicide in a sample of United States Marine Corps non-commissioned officers following a suicide prevention training program*. Poster presented at the 45<sup>th</sup> Annual Conference of the American Association of Suicidology, Baltimore, MD.

Kochanski, K., McIntyre, J., Perera, K., **DeYoung, K.**, & Ghahramanlou-Holloway, M., (2012, June). *Single vs. Multiple Suicide Attempts in a Psychiatrically Hospitalized Military Sample*. Poster presented at the Annual DoD/VA Suicide Prevention Conference, Washington, DC.

Sterling, A., Bakalar, J., LaMorie, J., Carreno, J., **DeYoung, K.**, Perera, K., VanSickle, M., & Ghahramanlou-Holloway, M. (2012, June). *Perspectives of Military Family Survivors on Suicide Decedents' LifeStressors, Male Gender Role Stress, and Help Seeking*. Poster presented at the Annual DoD/VA Suicide Prevention Conference, Washington, DC.

Ghahramanlou-Holloway, M., **DeYoung, K.**, & Perera. (2012, November). *Preliminary Findings on Suicide Prevention Trainings for the U.S. Marine Corps Noncommissioned Officers and Navy Behavioral Health Providers*. Symposium presented at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

\*MacIntyre, J., Perera, K., **DeYoung, K.**, & Ghahramanlou-Holloway, M. (2013, April). *Psychiatric inpatient trauma histories: An examination of documented trauma histories in military inpatients admitted for suicide ideation, suicide attempt, and non-suicide related events*. Paper presented at the Annual Meeting of the American Association of Suicidology, Austin, TX.

## **RELATED TRAININGS**

Received training on assessments and interventions including Motivational Interviewing, Safety Planning with Suicidal Individuals, the Columbia Suicide Severity Rating Scale (C-SSRS), the Scale for Suicide Ideation (SSI), the Clinician-Administered PTSD Scale (CAPS), the Ohio State University TBI Identification Method and Risk Management Procedures. Graduate level training in Change Management.

## **PROFESSIONAL AFFILIATIONS**

Association of Behavioral and Cognitive Therapies  
American Psychological Association